

# Help yourself

by Viktor Sarosi for [The Zeitgeist Movement](#)

We are helping a new wave of thoughts to gain acceptance among the population of this planet, our home. With this we are helping ourselves and our children, the future generations.

We have no right to make decision about the future of our children, nor do others. We have received this planet from our parents and we must preserve it for the future generations. This involves ourselves as our bodies will determine what heritage we pass on to our children. If we damage our planet and in the process ourselves this will be the basis for the next generations. As a plundered and polluted planet will not support life on this level, a human body corrupted by psychological and physical drugs won't support a healthy life.

We are part of the web of life, so we must live accordingly. If we upset the balance we will pay the price. The melting of the arctic ice, the change in the weather and the air, the extinction of species and the artificially created scarcity are all the consequences of the carelessness of humanity. Some will go call it carelessness, some will call it crime.

The pollution of the environment is being tolerated by governments WE the people elected. As soon as those politicians get elected by us they seem to forget about US. Highly valued pieces of plastic and paper paves the way for the new laws which support the wealthy who only have a single vote but have a great influence on the politicians through lobbying. This is the way they circumvent democracy. This way one vote cannot change anything and the same applies to a million votes when the power of the voters is facing the power of the wealthy and corrupt corporations and individuals. In a system where a minister is a political figure instead of an expert this will continue to happen.

What we are doing right now is we start to infect other people with the "Thinking Disease". This virus will make you forget the value of a mass produced luxury article and will make you aware of the value of clean air and water. This virus will make you question all dogmas and false teachings of religions and political groups. This virus will turn your way of life upside down. It will change YOU!

You will realize we are made up of the same atoms yet we don't see each others as family. You will question why we allow little Joseph to scare us with his nightmarish fairy tales about hell if we don't believe in his god or why we turn a blind eye to the acts of uncle Jeremiah whose ideology would label everyone outside his religion an animal and treat them as such.

We do not want religions to divide us instead we desire men and women to be given equal rights. This will allow the energy of love to flow freely and this will bond our new community and will stop the agents of materialism to disrupt this bonding.

We are one. As a wise little green creature said it in a movie, “We are luminous beings, not this crude matter”. If we know this and bring this fact to our consciousness we can achieve anything.

We need to concentrate our creative energies on reaching our goals instead of scaring ourselves with the thoughts of what can go wrong. It is like driving a car, as long as you keep your eyes on the road you want to travel, you are safe.

Only allow positive influences to reach you. Speak to positive people and the possibilities will open up in front of you. Walk towards the sun and the shadows will fall behind you!

Seek others who think like you. In unite lies strength. Talk and communicate your ideas, open up the floodgates of your personal energy as you are fighting for your life and the life of your children, your family.

We will not allow political isms, religions or greed to poison us, divide us or conquer us. This is the beginning of a new spiritual revolution, the evolution of ourselves, the evolution of the soul. This cannot be broken by chain forged from metal or money. Our spine will bow to the lies no more. We have almost lost our home this planet, but what we also lost in the process, is our meekness. We are frustrated, we are angry, but we channel all our energies to save our future. We do not want to destroy, we merely want to change the way we live. But no longer can we wait as a few other want to drain our future to support their luxurious lives.

The spirit of time shines through misery and the spiritual smog as our cause will win through no matter the cost – we have no choice, we have to act if we want to live in a different world. IF WE WANT TO LIVE!!!

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